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Janefrances Nkiruka Ighosewe

Founder, Something Lite Greek Yogurt, Nigeria

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Janefrances Nkiruka Ighosewe is a motivated and versatile individual who is not afraid of tackling challenges. With her background in health science, she has chosen to focus on resolving issues within the food production sector while advocating for gender equality. Along with her work, she invests her time and resources in reducing the gender bias gap. Something Lite, a healthy food processing firm, produces a range of items that include Nafdac accredited granola, natural jam made from 100% fruit, healthy yogurt, juices, smoothies, bread, and cookies created from whole wheat grains and oats. The business sources its raw materials from local small-scale farmers and pastoralists, aiding them by decreasing post-harvest losses and increasing the shelf life of their products.



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